



NORDIC MILITARY POLICE COURSE (NORMILPOC)



Training week 03 Week 37 2025-II

Date	Time	Activity	Dress	Place	Inst	Remarks
Monday 9th SEP	0755-0800	Line up	Daily Uniform	Building 22	CA	
	0800-0900	Briefing 8 : Mission Briefing 2	Daily Uniform	Classroom		
	0910-1030	ADMIN Course for Military Vehicles	Daily Uniform	Classroom	CA	0900 Coffee
	1030-1130	Exercise setup (use roleplayers, safety measures, awareness)				
	1130-1230	Lunch / Preparation	Daily Uniform	Cafeteria	CA	
	1230-1700	Exercise TFOR warm up	Daily Uniform	Classroom/ Barracks	CI	1430 Coffee
		Exercise Blue Beret warm up	Daily Uniform			
		- Tour de Barracks – TFOR locations				
		- Scenario update				
		- Exercise papers to be issued to Students who are appointed to key-positions in EX TFOR				
		- Establishing MP Stations				
		- Pick up Vehicles				
	1700-1800	Dinner		Cafeteria		MP Museum 1530 hrs. Appointed CMD
	1800-2000	Preparation for exercise		Classroom		
Tuesday 10th SEP	0800-2030	Exercise TFOR	Combat	Barracks	ALL	0900 Coffee
		1200 - Lunch				1400 Coffee
		1700 - Dinner		MP Lounge	ALL	
		2000 – Night snack				
Wednesday 11th SEP	0800-2030	Exercise TFOR	Combat	Barracks	ALL	10 pax MPS
		1200 - Lunch				0900 Coffee
		1700 - Dinner		MP Lounge	ALL	1400 Coffee
		2000 – Night snack				
Thursday 12th SEP	0755-0800	Line up	Combat	Building 22	CA	
	0800-1200	Exercise TFOR. ENDEX at 1200 hrs.	Combat	Barracks	ALL	0900 Coffee
	1200-1300	Lunch / Preparation	Combat	Cafeteria		Visitors Day
	1300-1345	Handover facilities and equipment / Meeting national representatives	Combat	Barracks	CA	
	1345-1410	Debriefing TFOR, Students give feedback on exercise	Combat	Classroom	CI	
	1415-1445	Online Course feedback	Combat	Building 22	Students	1400 Coffee
	1500-1630	PT	Sports Dress	Barracks		
	1700-1830	Own time / Packing				
	1830-2200	Closing Dinner	Best Uniform	Cafeteria	CD	
Friday 13th SEP	0800-0900	Breakfast	Civilian	Cafeteria	CA	0900 Water
	0900-0910	ADMIN remarks, hand in keys and borrowed items	Civilian	Building 22	CI	
	0910-1000	Closing Ceremony	Civilian	Classroom	CI	
	1000	Transport to airport	Civilian	Classroom	CA	
Saturday 14th SEP		Course Finished				
Sunday 15th SEP		Course Finished				

Lasse Post Tellefsen
Lieutenant Commander
Chief Instructor NORMILPOC